

Appendix 4. Groundwork East

=Document Control:

Version	Issue Date	Changes
1.0	NA	First Draft (BE)

Reference	6084			
Name of Organisation	Groundwork East			
Organisation Type	Registered Charity			
Ward	Royston Palace			
Project Type	Wellbeing project for families			
Green option considered?	Attendees will gain a better awareness around collective impacts/responsibilities on the environment where topics will include reducing food miles, recycling green waste etc.			
NHC Councillor involvement that may constitute a conflict of interest	None known.			
Previous financial support within six years	None			
Documentation reviewed and approved*	Safeguarding	Yes	Accounts	Yes
	Demonstrates clear governance	Yes		
Total applied for	£2,367	Total project cost	£2,367	

Officer Summary

Groundwork East takes practical action to create a fair and green future in which people, places, and nature thrive. They support local communities and businesses to build capacity and resilience to tackle hardship, achieve a just transition to net-zero and help nature recover in a way that reduces inequality and leads to better work and healthier, happier lives.

They are applying for funding for their Grow It, Cook It, Share It. Sessions are delivered in person, over six weeks, with two-hour sessions each week. It teaches families how to grow their own fruit and vegetables through supervised gardening and how to prepare healthy meals through simple cooking sessions.

By working together on the practical tasks, and sharing a meal together, families will have the chance to develop their confidence; build friendships and support networks that will last beyond the formal learning environment. By encouraging learners to participate in outdoor practical activities they are also supporting them to improve their physical health and mental wellbeing and that of their whole family.

Courses are delivered by experienced tutors who have practical skills and experience of growing and cooking, as well as working with adult and pre-school children. Course delivery is underpinned by a tried-and-tested quality system. Funding for the course would enable individuals to attend the course free of charge.

The course will take place at Royston & Villages Family Centre, where they have an established partnership and have delivered these courses for a number of years. They predict 20 beneficiaries per course.

Below is a breakdown of the funding they are applying for from the other Community Forums. Costs have been worked out in proportion to how many attendees they expect from each area.

*Funding will only be released on receipt and approval of all supporting documentation

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- Letchworth Community Forum - £2,367
- Baldock & District Community Forum - £2,367
- Southern Rural Community Forum - £1,982
- Hitchin Community Forum - £2,367